

Notices.

In consequence of innumerable complaints, we would advise our readers in provincial towns to order their NURSING RECORD through Messrs. Smith & Son's Bookstall at the Railway Station. In case they have any difficulty in obtaining it in this manner each week, we shall be glad if they will write a post card to the Manager, at our Offices.

Copies of the NURSING RECORD are always on sale at 269, Regent Street, price 1d. As this address is close to Oxford Circus, it will be found a Central Depôt.

Comments and Replies.

M. B.—We do not know of any book on Pathology specially written for Nurses.

H. B.—We do not know of any Nurses' Club which we care to recommend. As the work of the Nurse you mention lies towards the East End, we should advise you to communicate with the Secretary of Toynbee Hall, Whitechapel. We feel sure you would receive the best advice through this medium.

Maternity Nurse.—A hand fed infant should, as a rule, be fed every two hours during the day, and every four hours at night. If the mother's diet is left in your hands it is best to give a cup of warm milk, or cornflour, as soon as she is comfortably settled after delivery; tea and bread and butter, beef tea, chicken broth, cocoa and cornflour or arrowroot may be given until the third day, when an aperient is usually ordered, and when this has satisfactorily acted, then a little fish may be given, and the next day chicken, or boiled mutton, and a gradual return made to ordinary diet. Gruel should not be given to a mother who is not nursing her infant. In other cases it is given, immediately after delivery, and as a rule for lunch, at bedtime, and once during the night.

A Three Years' Nurse.—We should advise you to obtain some training in fever nursing. All the hospitals under the London Metropolitan Asylums Board now have trained and experienced Matrons, and all the Charge Nurses must have had three years general training. You could not therefore do better than apply for a Charge Nurse's post in one of these hospitals in order to obtain experience in fever nursing.

Ignoramus.—We never recommend any who ask our advice to train in a specialty before obtaining general training. If you wish eventually to take up a special branch of nursing you can always do so, and you will benefit much more by a special training when you have a basis of general knowledge behind it.

A Would-be Probationer.—Obtain the Nursing Directory from the offices of the Nursing Record, 11, Adam Street, Strand, price 5s. You will find in it full information as to the regulations of the various training schools, and you can then decide which one you would like to enter. You will probably have to wait some time for a vacancy in any good school, but this will not matter as you are only 22. We should advise you to enter a school of Housewifery and Domestic Economy for a year; you would find the experience you gained there of great subsequent value to you.

Mrs. James, Birmingham.—The Secretary of the National Union of Women Workers—the National Council of Great Britain and Ireland—is Miss Emily Janes. The offices of the Union are at 59, Berners Street, W.

A Certificated Nurse.—Many nurses feel with you that it would be of great advantage in this country if Alumnae Associations were formed in connection with the various training schools, on the same lines as those which have been so successful in the United States and Canada. But the initiative must be taken by nurses themselves, who must show that they desire such Associations. There is no reason why any and every hospital should not start its own association of graduate nurses. The question of *Associated Alumnae* would come later, and should be dealt with by a Committee of delegates elected by Alumnae Associations already formed.

NOTICE.

A Postal Order for 6/6

ENSURES THE DELIVERY EACH WEEK OF

The Nursing Record

To any part of the United Kingdom

FOR TWELVE MONTHS.

Abroad 9/6 per Annum.

11, ADAM STREET, STRAND, LONDON, W.C.

IMPORTANT.

We have received complaints of the inability of some of our readers to obtain copies of THE NURSING RECORD at various railway bookstalls and newsagents. We suggest, therefore, that orders be given to the bookstall clerk or to the newsagent to obtain copies, and if he fails to do so, that the fact be reported to us on a post-card, and we will have it rectified.

PUBLISHER'S NOTICES.

CASES FOR BINDING Half-yearly Volumes of THE NURSING RECORD, post free, 2/- each.

Complete Volumes of THE NURSING RECORD 7/- each.

Carriage to be paid by Purchaser.

Indexes 6d. each, post free.

Back Numbers over Twelve Months old, 6d each, post free.

Readers' Own Volumes bound complete 2/6 each.

Remittances in all cases must be made when ordering.

3d. will be given for each clean and perfect copy of the "Nursing Record" for Oct. 21st, 1893, and for Jan. 23rd 1897, which is sent to

The Manager,

"THE NURSING RECORD,"

11, Adam Street, Strand, London, W.C.

[previous page](#)

[next page](#)